



At Mom's Meals®, our goal is to be a trusted partner of nutrition solutions that are easy to refer, reliably delivered and proven to support healthier, more independent lives.

We value the work you do with your clients to support their health and independence. To make it easier, we are providing this packet of information about Mom's Meals and our nutrition solutions.

Included you will find:

- Contact information/How to set up a new client
Provides details for setting up a new client and getting them started on our service or program.

Keep this piece handy as it has valuable phone numbers you might need in the future.

- Program overview
Outlines the many benefits of our nutrition solutions, working with Mom's Meals and a sample menu.
- Client brochure
Explains the different pathways available for a client to access nutrition solutions through Mom's Meals.

For additional copies:

Contact your Territory Manager or visit momsmeals.com/case-managers/start-a-client/

Mom's Meals nutrition solutions are designed for all ages to bring comfort and inspire confidence in people seeking to live healthier, manage chronic conditions, recover from illness and continue to live independently.



IMPORTANT CONTACT INFORMATION



INTAKE - Processes all authorizations/referrals for new clients, renewal authorizations for existing clients and client cancellations.

- **Phone:** 866.716.3257, Option 1
- **Email:** intake@momsmeals.com
- **Fax:** 515.266.6120

BILLING - Responsible for communication with each billing entity to ensure all paperwork is complete and invoices are processed in a timely manner.

- **Phone:** 866.716.3257, Option 2
- **Email:** billing@momsmeals.com

AGENCY SUPPORT AND PROGRAM DEVELOPMENT

Case Manager Relations - We have a team of territory managers available to answer questions regarding program development, attend in-services in your area, as well as provide you with current menus and any additional information you may need.

- **Phone:** 844.280.2133
- **Email:** cmsupport@momsmeals.com

Your Comprehensive Food as Medicine Solutions Provider



Medically Tailored Meals



Nutrition Counseling and Education



Oral Nutrition Supplements



Produce and Pantry Boxes



Shelf Stable, Kosher and Halal Meals



Using food as medicine to help improve lives

Getting the right nutrition is essential to achieving and maintaining good health. But it isn't always easy to access foods that align with specific needs and reflect individual tastes or know how to make them part of a healthier lifestyle. Together, with health care and community partners, Mom's Meals® is helping to empower people to live healthier lives through delicious, nutritious food, counseling and education, caring support and expertise.

We offer six condition-specific menus and a general wellness menu



Heart Friendly



Lower Sodium



Diabetes Friendly



General Wellness



Gluten Free



Pureed



Renal Friendly

Providing access to quality nutrition is an easy way to use food as medicine to support your most vulnerable clients and those with chronic conditions so they can maintain their independence and remain at home.

Is Mom's Meals right for your clients? Do you have clients who have recently:

- Skipped a meal or eaten a snack instead of eating a full meal?
- Eaten the same meal several times per week?
- Needed to pay bills instead of buying food?
- Been too tired to prepare food?
- Started eating less due to problems chewing, swallowing or other reasons?
- Unexpectedly lost or gained weight?
- Been in the hospital or the emergency room several times within the last six months?
- Had a need for meal or grocery assistance?
- Been diagnosed or has medical issues such as increased blood sugars/elevated A1c?
- Had a long-lasting wound that affects their daily living?

As the nation's most comprehensive food as medicine solutions provider, we deliver evidence-based nutrition solutions that are easy to refer, reliably delivered and proven to support healthier, more independent lives. We help clients stay at home and avoid higher-cost of care. It's part of our commitment to helping you provide compassionate, cost-effective care and improved quality of life.



Our integrated nutrition solutions include:

Medically Tailored Meals

Nutrition Counseling and Education

Oral Nutrition Supplements

Produce and Pantry Boxes

Shelf-Stable, Kosher and Halal Meals

Mom's Meals is here to support you and those you serve.

Discover how our food as medicine solutions can help your most vulnerable clients remain independent in their homes and how our health-condition menus can support your clients living with nutrition-sensitive chronic health conditions.



Start a Client

Schedule an in-service or request additional information, contact us at **866.716.3257**. Send meal authorizations to intake@momsmeals.com.

* Survey results based on responses from 1,000+ active customers.

IMPROVING LIFE THROUGH BETTER NUTRITION AT HOME.



We believe food is more than fuel; it's a form of care. At Mom's Meals®, we deliver nutrition solutions that are not only nourishing but thoughtfully prepared to satisfy real tastes and real lives – and we deliver these meals with the compassion and personal service that has become the hallmark of Mom's Meals.

Is Mom's Meals right for someone you know?

- ✓ Been too tired to prepare food?
- ✓ Skipped a meal or eaten a snack instead of eating a full meal?
- ✓ Needed meal or grocery assistance?
- ✓ Eaten the same meal several times per week?
- ✓ Unexpectedly lost or gained weight?
- ✓ Been diagnosed or have medical issues such as increased blood sugars/elevated A1C?
- ✓ Needed to pay bills instead of purchasing food?
- ✓ Started eating less due to problems chewing, swallowing or other reasons?
- ✓ Been in the hospital or the emergency room several times within the last six months?
- ✓ Had a long-lasting wound that affects daily living?



Contact Mom's Meals at
866-971-6667 or order
online at momsmeals.com



MOM'S KNOWS HEALTHIER LIVING

Nutrition Delivered Direct To Your Home

As a trusted nutrition solutions provider, Mom's Meals has been helping people live healthier lives at home for decades. Our solutions meet specific dietary needs, taste great and reliably reach homes others cannot. We improve health outcomes and bring comfort and dignity to those who need it most.

How to access our food as medicine solutions

Food as medicine is an approach that delivers comprehensive nutrition support to keep individuals well-nourished and independent. It promotes consistent access to evidence-based solutions – delivered with compassion and in collaboration with health care and community partners. Our integrated solutions include medically tailored meals, nutrition counseling and education and other nutrition support services.

1 Medicaid Members, Older Americans Act or PACE Program Participants

We offer meals to eligible clients of all ages to help maintain health and independence at home. Clients choose meals from an array of options based on preferences and needs.

Individuals and caregivers should visit momsmeals.com/how-to-qualify and select your state to determine eligibility requirements for specific programs.

2 Medicare Advantage Recipients

Some Medicare Advantage health plans offer medically tailored meals as part of a covered benefit. A person may be eligible if they:

- Have one or more chronic health conditions
- Are a patient discharging from a hospital or skilled nursing facility

Individuals or caregivers should consult their health plan coverage manual to determine eligibility.

3 Purchase Meals Direct

Individuals who do not qualify for any covered benefit programs can still purchase direct from Mom's Meals.

Individuals and caregivers can count on:

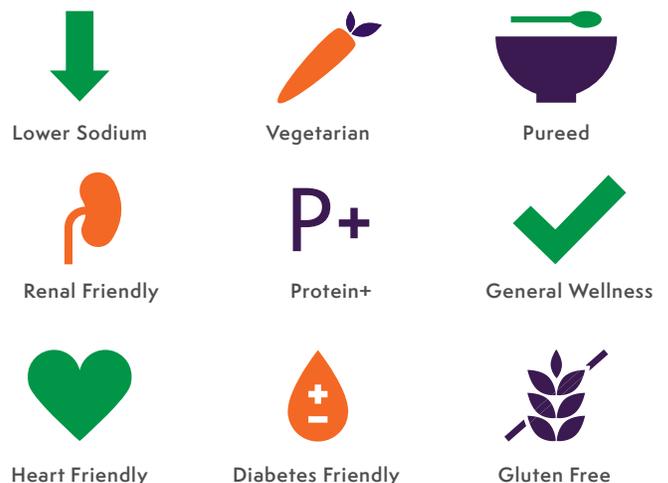
- Service that starts quickly
- Meals to help care for a loved one from near or far
- Peace of mind that they or their loved ones are eating well

Priced at \$9.49 or less per meal, clients also have a wide range of ways to customize each order. And with subscribe and save, clients enjoy 10% off, free shipping and no long-term commitment.



Eat Healthier and Manage Conditions Easier

Designed by professional chefs and registered dietitians, our meals align with evidence-based dietary guidelines and focus on balanced portions of lean proteins, grains, vegetables and fruits.



Get Started
momsmeals.com

